

KERNOW YOUNG CARERS SERVICE

Kernow Young Carers Service meets the needs of young carers and young adult carers. We support Carers from 4-25 yrs.

We offer:

- Practical support, information, advice, and guidance.
- Activities and workshops.
- Social interaction, peer support and help to provide a break from the caring role.
- Training and support for schools.
- 1:1 support.
- Help to access grants to meet a range of needs that help to reduce the impact of your caring role.



HOW TO CONTACT US



01736 756655



hello@carersadvice.org.uk



www.cornwallcarers.org.uk

www.kernowyoungcarers.co.uk



CORNWALL CARERS SERVICE

SUPPORT FOR THOSE WHO CARE



01736 756655

A Whole Age Service

CORNWALL CARERS SERVICE

Cornwall Carers Service delivers a range of high quality support services for unpaid Carers of all ages throughout Cornwall.

Our services include, emotional support, information, advice and guidance, statutory assessment, access to grants, community support, carer specific training and dedicated support for all carers (including young carers and young adults).

Our Partnership is made up of DisAbility Cornwall IOS, Barnardo's, Age UK CIOS, Promas CIC and CRCC as the Lead Partner.

A Creative and inspirational partnership of like-minded organisations supporting unpaid informal Carers caring for a loved one.



Are you a carer?

A Carer is anyone who cares, unpaid, for a friend or family member who due to illness, disability, a condition that affects their mental or physical wellbeing or an addiction cannot manage without their support.

Caring includes helping with chores and tasks like cooking, cleaning, communication, moving around, shopping, washing, taking medication, managing money or managing appointments.

